

Erika List Bio

R2R 2025

I donated my kidney on November 5, 2024. It was an easy decision for me, as my Dad was in need of an immediate kidney transplant. About 2 years ago, my Dad developed a rare auto-immune disease after a viral infection and went into acute kidney failure. He was placed on immediate dialysis and has been doing dialysis 4 days a week since. Unfortunately, I was not a direct match for him, so I elected advanced donation through the NKR's voucher program.

Finding KDA has been a tremendous help for me through my donation journey, as I didn't know anyone that had previously donated. The stories and support from this group not only helped me but opened my eyes to an additional opportunity to be an advocate for live organ donation as there are so many people in need. Being able to participate in the Rim2Rim Challenge is just the beginning of my advocacy journey. My husband Bill and I live in a suburb outside of Chicago and we manage a busy home with three active kids, Brady (13), Linnea (11) and Morgan (8). I am a small animal veterinarian and have been an associate at a practice in Lake Zurich for the past 18 years. In my free time, I enjoy participating in local triathlons, traveling with my family and playing volleyball. But truly I am a glorified Uber driver for my kids and all their activities!!