



## **ONE KIDNEY CLIMBER: Emily Polet-Monterosso, Detroit**

**EMILY POLET-MONTEROSSO** was inspired to donate solely because it felt like the right thing to do. She is climbing because she believes it's an amazing way to prove to those considering kidney donation that diminished physical/athletic capacity post-donation does not need to be a concern.

Emily is a Children's Librarian in Shelby Township, Michigan. She lives with her husband Kim and three cats, Bagheera, Smokey, and Rum Tum Tugger. When she is not climbing mountains, she enjoys performing in/watching live theatre, traveling, reading, obstacle course races, and spending time with her nieces and nephews.

Emily donated her kidney on January 9, 2019, in Detroit, Michigan. "I can't quite articulate why [I donated], other than that it felt like the right thing to do."



[www.kidneydonorathlete.org/one-kidney-kili-climb/](http://www.kidneydonorathlete.org/one-kidney-kili-climb/)  
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