



ONE KIDNEY CLIMBER: Kristyn Nordfors, Portland-Auburn

KRISTYN NORDFORS was inspired to donate when she saw a story on social media about a 6-year-old boy in need of a kidney. Bentley lives right across the river and they share the same blood type. After her screening, she was not only a match but was told she has “superb kidneys!”

She is climbing because she loves the idea of her kidney donation becoming the gift that keeps on giving. Her hope is to inspire others to consider becoming a living donor. She could not pass up the opportunity to combine her advocacy efforts with her love of hiking. She is truly grateful to be healthy enough to donate and have the ability to climb big mountains.

Kristyn lives in Brewer, Maine, and is a rural mail carrier in nearby Bucksport. She would like to thank her mom Janet for her unconditional love and support in all of her adventures.

Hiking is her passion. She is working on completing the sixty-seven 4000-foot peaks of New England and is currently at 25 of 67. Kristyn donated her kidney on July 21, 2020, at Maine Medical Center, Portland, Maine. Early on in her donation process, she had a feeling that it was meant to be. “One day post-op my surgeon told me

that my body was made to do this. How many others are out there walking around with amazing kidneys and they don't even know it yet?"



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